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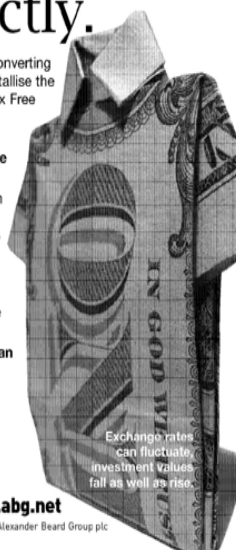
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## BritClub News



**Sarasota British Club**  
P. O. Box 21063  
Sarasota, FL 34276

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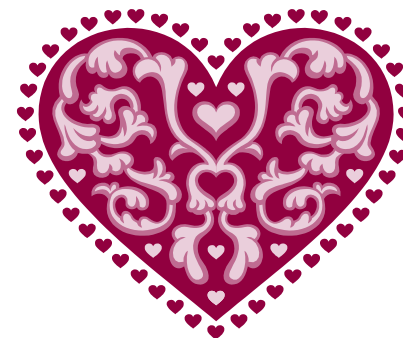


# BritClub News

February, 2009 **Sarasota British Club, P. O. Box 21063, Sarasota, FL 34276** Vol. 9, Issue 2

## Coming Events

**Board Meeting February 12** – 6:30 p.m. at the home of Doreen Wilson, 1104 Mallard Marsh Drive, Osprey. MEMBERS WELCOME, BUT PHONE AHEAD AS SPACE IS LIMITED!



*Happy  
Valentine's  
Day*

**Golden Apple Theater February 14** – 'Sugar' is based on the Billy Wilder classic 1959 film 'Some like it Hot', lyrics by Jule Styne and Bob Merril, book by Peter Stone. "Sugar" is a perfect toe-tapping, laugh-a-minute evening out. We have booked 20 tickets at a reduced rate thanks to our honorary member, Cliff Roles. For \$37.25 per person (including gratuity) you get to see a first class show with a buffet meal. Drinks, tea and coffee not included. As there are only 20 seats, you need to get your tickets early. Full payment is due by January 24th, 2009. Send your booking request and payment to Sarasota British Club, P.O Box 21063 Sarasota, FL 34276.

**Thistle Ball March 7** – Members of the Brit Club are cordially invited to the annual THISTLE BALL presented by the Caledonian Club of Florida West. It will be held at the Laurel Oak Country Club with cocktails beginning at 6:00 pm. Please see the insert in this issue for all the details.

**Murder Mystery Night March 14** – This event will be held at the Southbay Yacht Club at 7.30 pm. Bring a dish to share and BYOB. There will be a \$10 entrance charge to cover the cost of the room. This is going to be a fun night where you all get the chance to find the murderer. Cliff Roles will be the quiz master making sure that the night will be full of fun and audience participation.

**Our website is [www.SarasotaBritishClub.com](http://www.SarasotaBritishClub.com)**

## From Our President

After a trip to England to bring in the New Year with our son and family, it is so nice to get back to FL. All that cold weather is not for me. Each morning in England, I would put on three layers of clothes and then, when going outdoors, there was the hat, coat, scarf, boots and gloves to go on top of the three layers. To think I did that for 50 years. After being home a week, it is as if we never went away – I am back in the old routine of living the Florida dream.

As I write this, our Garden Fete is still in the process of being planned, the board is working very hard to make sure the afternoon is light hearted and enjoyable. The biggest factor is going to be our members. Without your participation, all our efforts are worthless. True to form, you have been emailing me asking what can you bring and is your help needed before or at the fete. What a great group you are. At the fete there will be a form asking you to mark which events you are interested in taking part in and whether you would like to organize something yourself. For instance, we have many people in the club that enjoy golf and we need someone to arrange golf matches; the same applies to tennis.

Each month a coffee morning will be held. This month it will be at my house on the 2nd Tuesday, 10 February at 10:30 am. Please phone 751-3811 or email [sueford47@yahoo.com](mailto:sueford47@yahoo.com) if you are going to attend. If you are prepared to hold a coffee morning or afternoon, please let me know. My address is 6706 93rd Street East, Bradenton, 34202

Don't forget to book your tickets for Valentine's night. This is a fabulous price, \$10 cheaper than the door entry price. To be entertained and fed for \$37.25 per head is a wonderful value. Payment to be sent to Sarasota British Club, P.O. Box 21063, Sarasota, FL 34276 by the 24th January or you can pay Shona at the garden fete.

Sue Ford

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## Do You Own Your Own Business?

For advertising, our rates are reasonable and an ad not only supports the club by its revenue, but may bring you more business. Many of our members make a point of trying to support British businesses, especially ones where the owner is a member of the club. Please consider advertising your business in our newsletter. Newsletter advertising rates (for club members only) are as follows: ¼ page \$15, ½ page \$25, full page \$40 per month. There is a 20% discount if you purchase your advertisements annually. Sale ads for unwanted items is \$10 for up to 3 lines of copy. All ads must be paid for in advance. Please send your camera-ready advertisements (jpg file preferred) by the 15<sup>th</sup> of the month to the newsletter editor, Rose Gillet, at 3219 24<sup>th</sup> Parkway, Sarasota, FL 34235 or email them to her at [rosegillet@yahoo.com](mailto:rosegillet@yahoo.com).

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## Thank You

The Club would like to thank the following merchants for their cooperation in spreading the good word about our Club by allowing *The Brit Club News* to be distributed in their shoppes:

Word of Mouth (3), Champions Pub, Tastefully British, 4 & 20 Pasty Shop, the British Open Pub, The Irish Rovers, The Coach & Horses Pub, The Open, McAllister's, Scot's Corner, Cafe Continental-Patisserie and Beckham's Osprey Grill. Please thank them by patronizing them whenever you can, and let them know you appreciate their support.

## January Board Meeting Précis:

Meeting was held on January 8, 2009. Treasurer's balance \$3,634.42 which includes deposit of \$186.25 to the Golden Apple Dinner Theatre where we will go to see "Sugar" with thanks to Cliff Roles for obtaining a good discount for the British Club members. Sue Ford, President, said the Christmas party was a great success and it was agreed to make reservations with Heritage Oaks for the next Christmas party. Sandra Cherry reported that \$250 was collected for Mothers helping Mothers; gifts, clothes and gift certificates were gratefully accepted by the family we sponsored. We have 104 memberships equaling 184 members of the Club. A vote will be taken at the February meeting by those members present to make a change in the bylaws as previously mentioned. The March meeting will be a Murder Mystery led by Cliff Roles; cost is \$10 member and \$15 non-member. President made a motion to make Sandra Cherry an honorary member with thanks for all her hard work for the club. We shall celebrate the Queen's birthday in April. The Caledonian Club wants a street event to be held in Bradenton and Village of the Arts. We hope to participate in the Scottish Games to be held at the Venice Airport on Saturday, March 21. Next meeting: February 12 at the home of Doreen Wilson (members welcome but need to call ahead due to space limitations).

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## Rose's Corner

If you have anything you'd like to see in the newsletter such as member articles, jokes, items of interest, please mail articles to me at Rose Gillet, 3219 24th Parkway, Sarasota, FL 34235, fax at 366-9248, email me at [rosegillet@yahoo.com](mailto:rosegillet@yahoo.com) or call 366-9984. Closing date for the newsletter is the 15th of each month.

Rose Gillet, Newsletter Editor

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## Would You Like to Join the Club?

The primary purpose of the club is to serve the needs of its membership in the spirit of friendship and mutual support, which includes planning, developing and overseeing a social setting for the membership, in addition to assisting British newcomers in settling into the community and to provide networking and support to the British owned businesses in the community. To join, please fill in the information below and send it with your check to: Sarasota British Club, P.O. Box 21063, Sarasota, FL 34276

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Alt. Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Membership Type:  Single \$25  Family \$35 (includes all children under age 18)

## Strawberry Fool

Even after living in Florida for so many years, I still have difficulty relating fresh produce being available at opposite times. Right now, strawberries are really delicious and easily found. The nicest are from Plant City, but also there are several sources in Sarasota County. I thought a nice easy dessert using strawberries, would make a lovely Valentine treat. The word fool in this British recipe refers to a trifle or of little consequence, and goes back to the middle ages. However 'trifling' it may seem, it is a lovely dessert for your sweetheart.

### Strawberry Fool

1 lb fresh strawberries, washed, dried and picked over for any spoiled bits  
1-¼ cup heavy whipping cream  
¼ cup sugar  
1 tsp vanilla (can also substitute rose water for a nice change)

Be sure the strawberries are clean and dried, and all spoiled parts cut off. Place in a blender and puree. (If needed at this point can strain to remove any seeds). Whip the cream until almost stiff, and beat in sugar and vanilla, then fold into the pureed strawberries. Chill at least four hours before serving. Serves 4 to 6.

(Recipe from Sandra Cherry, *Your Cup of Tea Inc.* and *Union Jack Food Columnist*. I welcome comments, recipes and suggestions, and can be reached at [YourCupofTea1@yahoo.com](mailto:YourCupofTea1@yahoo.com))



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## Membership News

**EMAIL ADDRESSES: PLEASE email me, Kathy Curtin, at [kathrmcurt@msn.com](mailto:kathrmcurt@msn.com) or call me at 941-379-9861 if you have changed your email in the last 6 months.**

Our new members this month are Brett and Spring Davis, who have been married for 12 years. Brett recently received his British citizenship as his mother is English. Brett's father was a member of the US Air Force and met Brett's mother in the U.K., married her and brought her to the U.S. many moons ago. Gaining dual citizenship with the U.K. is something Brett has wanted to do to celebrate his British heritage. His parents still live in Jacksonville, FL, which is where he met Spring, his future wife, while in High School. They moved to Bradenton 16 years ago and look forward to participating in the club events in 2009!

Correction to last month's new members Geoff and Ruby Ryan's website should be [www.mydollartravel.com](http://www.mydollartravel.com).

## “February’s Horoscope” by Susan Moonstar

For all you Aquarius people out there, you have four planets plus the Sun passing through your sign and your house of personality and appearance this month; these planets will charge up your personality to its max. On the 9th of Feb there is a Lunar Eclipse which will recharge your relationship axis. Having Uranus in your house of finances means you need to tighten up the spending a little bit more than you have been doing lately. All in all, the month holds a promising time for your talents to be appreciated.

**Aries:** Emphasis is in your 11th house; new friends and acquaintances help bring activities into play in your social life. Avoid neglecting loved ones – they also want a little bit of your time.

**Taurus:** Emphasis is in your 10th house; parental ties and duties take up much of your time. This is the time to be diplomatic and objective. Avoid inviting trouble with officials and relying too much on others.

**Gemini:** Emphasis is in your 9th house; travel is in the air. You find yourself wanting to plan for the future, to look deeper into your higher self and to study more. Avoid neglecting vital correspondence you could place yourself in a difficult position.

**Cancer:** Emphasis is in your 8th house; mutual funds and expenses along with tax and estate problems need urgent attention. Avoid being stubborn and unfriendly to the people that can make life difficult for you.

**Leo:** Emphasis is in your 7th house; you may find open rivalry and legal contests keep you on your toes this month. By being considerate toward a loved one you stop a major problem acquiring. Avoid quick reactions think things through and bide your time.

**Virgo:** Emphasis is in your 6th house; some matters concerning dependents cause you to take a closer look at your health and diet. Avoid allowing other’s problems to overburden you; you may feel a little neglected.

**Libra:** Emphasis is in your 5th house; entertainment and romance. Loved ones and children give you much pleasure this month. Avoid becoming involved in other’s troubles and failing to protect your rights.

**Scorpio:** Emphasis is in your 4th house; foundations are being laid down for a new project bringing about an end to a pending matter. Avoid taking chances that unsettle your affairs and that force issues to a conclusion; best to seek peace rather than a showdown.

**Sagittarius:** Emphasis is in your 3rd house. Now is an important time to communicate with family and friends that have maybe moved away. It’s a great time to pay a visit. Avoid speaking to sharply to those around you.

**Capricorn:** Emphasis is in your 2nd house; what’s yours is yours and you are feeling nothing really belongs to you any more. Money could be tight this month, so avoid spending and don’t be careless with valuable paperwork.

**Aquarius:** Emphasis is in your 1st house; expect changes in your outlook and environment. With your strong desire for action, there is no stopping your advancement. Avoid displaying stubbornness or eccentricity.

**Pisces:** Emphasis is in your 12th house; there are a lot of behind-the-scenes activities. Self-analysis will only limit you; go with the flow and remember you cannot take on the world’s problems. Avoid thinking you are a one man band.

## The Amazing Gin-soaked Raisin Remedy

(sent in by new member, Ruby Ryan)

I’m sure there are many members, like myself that suffer from arthritis. Also, there are many pills and potions that are always recommended. Well, I have come across a very interesting article that I would love to share. Here is the “recipe.”

1 lb golden raisins  
1 pint good, top-shelf gin  
Glass bowl (Pyrex is good - crystal is bad)  
Glass jar with lid

Spread the golden raisins evenly on the bottom of the glass bowl and pour enough gin over the raisins to completely cover them. Let them stay that way until all the gin is absorbed by the raisins. It takes about 5-7 days, depending on the humidity in your area. (You may want to lightly cover the bowl with a paper towel so that dust and insects don’t drop in.) To make sure that all the raisins get their fair share of the gin, occasionally take a spoon and stir the mixture bringing the bottom layer of raisins to the top of the bowl.

As soon as all the gin has been absorbed, transfer the raisins to the jar, put the lid on and keep it closed. Do not refrigerate. Each day, EAT NINE (9) RAISINS – EXACTLY AND ONLY NINE raisins a day. Most people eat them in the morning with breakfast.

The Research Triangle Institute tested “the Amazing Gin-Soaked Remedy” for alcohol content. The result? Less than one drop of alcohol was left in nine raisins. So when people who take the raisins are feeling no pain, it’s not because they’re drunk, it’s because the remedy works.

Needless to say, my raisins are now soaking in gin!

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## Seek and Find

Sioux Hurley came up with the idea for this feature, and it’s a good one. Have you ever had a taste for something that you are no longer able to find in the store? Are you looking for the teacup that matches your saucer? Is there a sweater or afghan pattern you simply can’t locate? Well, look no further! This is your opportunity to ask the membership for help. I did just that years ago when I belonged to a coupon club and had lost the recipe for a paper bag apple pie. I received 32 replies and found the missing recipe among them.

So, ask away and we’ll put it out there for the membership and see if someone can help you find that lost recipe, missing saucer or sweater pattern. This is also your chance as a member to help another member – it might bring you a new friend in the process!

Rose Gillet, Editor

