



Brit Club News

October, 2015 Sarasota British Club, P. O. Box 21063, Sarasota, FL 34276

Vol. 15, Issue 10

Coming Events

The SBC Board Meeting will be held on Thursday 8th October at the Village des Pins clubhouse, 7964 Timberwood Circle, Sarasota @ 6:30pm. Members welcome.

Walk to end Alzheimer's Disease. SBC member Alan Perry appeals to fellow SBC members to consider participating in the 3-mile Alzheimer's Association walk on Sat. 10 October, 2014. Walkers will assemble at 9am at JD Hamel Park, located at Main and Gulfstream (very near Marina Jack) and walk across the Ringling Bridge and back. This is not a strenuous walk and affords lovely unimpeded views of Sarasota Bay.



For more information, contact Alan Perry (Tel: 941-706-3111; email: luciebg@msn.com).

Sarasota British Club's 15th Anniversary Party Sunday October 11 from 5pm at Meadows Village Pub & Grill.

From 5pm - 7pm there will be Happy Hour drinks, music & dancing 5.30 - 7.30. Fully flexible dining times from 5pm - 9pm with choice of entrees from selective dinner menu.

65 members & guests have signed up for this event & the reservation deadline has now passed (September 30)



Lunch at the Olive Garden at 12.30pm October 16th 4900 S Tamiami Trail, Sarasota, FL 34231

Our October monthly lunch is in Sarasota. Bring along your coupon if you have one and enjoy a delicious meal in a friendly environment with your fellow members. Each month our numbers are growing more than the month before.

Last month, even without the snow birds returning to us we had 48 members join us at Lakewood Ranch's McAllisters. Because of these large numbers I have reserved a room at the Olive Gardens to make sure we will not feel overcrowded and also so that I will not have to turn members away due to the capacity of the area given to us by the restaurant .



I look forward to seeing you
Sue Ford

Wine Tasting at Casa Italia

on Friday 16th October from 6-8pm. \$10 per person in advance. Enjoy wines chosen by Casa Italia plus a selection of savoury treats including artisan meats and cheeses and hors-d'oeuvres from the gourmet market.



Numbers will be limited by reservation only to a maximum of 40. . Casa Italia is at 2080 Constitution Boulevard. (turn at the lights on US41 by Phillippi Creek) Send your cheques by 6th October in order that food/wine can be arranged, to Brian Thompson, 11710 Strandhill Ct, Lakewood Ranch, FL34202 made payable to Brian Thompson

941-388-8018/lakewood2@gmail.com

Annual General Meeting and Social

Evening. This is set for Saturday November 21, 6:00 pm at Lakeshore Village Clubhouse. The Club will provide meats such as fried chicken and a ham for dinner and members will be asked to bring an appetizer, salad, side dish or dessert.

For a list of the candidates for 2016's Board and details see Page 4.

Christmas Party on December 12th—see Page 7 for time, place, menu and ticket form.

President's Letter

There is no President's Letter this month.



The article below is repeated from last month, with a small addition as it had a line omitted.

Editor

Media Matters — ISMS and an Antipathy

Where else but in the UK would an organization called *The Institution of Silly & Meaningless Sayings* take hold? ISMS has been around since 1973. Home in on isms.org.uk and peruse such pearls as “Any charge of less than one penny will be rounded up to one pence.” Source: HM Revenue & Customs (isms # 1915). There are Previous, Next, Latest, and Random ism pages to scour.

How did I find this, you ask — well, after some recent years of mounting frustration with the over use of the phrase “going forward” as a substitute for “in the future”, I found via Google a 2011 article in the Guardian suggesting such inane wording be consigned to history. I agree! See <http://www.theguardian.com/media/mind-your-language/2011/aug/30/mind-your-language-going-forward>.

The ISMS connection is buried therein. Have fun finding your favorite!

Mark Malkasian, Website Liaison 10/'15

1 finely peeled and chopped onion
4 chopped mushrooms
4 slices of fried crisp bacon
1 cup chicken broth
1 Tbsp cornstarch dissolved in 2 Tbsp water

Brown the chicken pieces in the combined butter and oil, and place in small casserole, Season with salt, pepper and lemon juice. Fry onion in the same butter and oil for 3 minutes. Add mushrooms and cook another 3-4 minutes. Transfer these ingredients with the crumbled bacon to the chicken, add the chicken broth. Cover and cook in a 350F oven for about an hour, stir in the cornstarch paste and simmer over direct heat for 2 minutes until sauce has thickened. Serve with boiled potatoes and vegetable of choice

Recipe from **Sandra Cherry**, Union Jack Food Columnist. I welcome comments, requests and recipes, and can be reached at Yourcuppatea1@yahoo.com



Precis of Board Meeting Thursday Sept. 10th.

Treasurer's report gives the current bank balance as \$3581.77. Membership reports we are at 189 members with one new family added last month.

We now have a full slate of board candidates for 2016 who will be voted in at the AGM on November 21. Reviewed the dinner at Miguel's on August 9th - good. Reviewed the lunch at Fins on August 21 - mediocre food and service but excellent location.

New Member Tea scheduled for September 13th has been postponed until early 2016 due to lack of response. Reservations coming in for the 15th Anniversary Celebration on October 11th. To date 28 members have signed up and 20 have paid. Reservations are coming in for the Wine Tasting at Casa Italia on October 16th, so far 17 members have signed up, Casa Italia can accommodate approx 40 people. Date for the AGM is set for Saturday November 21st. The Club will provide the meat entrée and members will be asked to bring side dishes and desserts.

The Christmas Party is set for Saturday December 12th at Heritage Oaks, menu and music are arranged. Flyer will go in the October newsletter.

The next meeting will be on Thursday October 8th, 6.30 pm at Village des Pins clubhouse.



October's Recipe

I love chicken any time and have hundreds of recipes, however even though it is still hot here, I like to make casseroles, and this is a favourite of ours. I would welcome any requests for recipes of any kind from readers, gets hard to think of what to feature sometimes!!



Chicken with Mushrooms

1 chicken cut up into pieces
2 Tbsp butter
1 Tbsp vegetable oil
1/2 tsp salt, pepper to taste
1 Tbsp lemon juice

Yogi Berra (May 12, 1925 – September 22, 2015) **On finance:**

Lawrence Peter "Yogi" Berra was an American Major League Baseball catcher, manager, and coach. He played almost his entire 19-year baseball career for the New York Yankees. He is widely regarded as one of the best catchers in baseball history.

The cartoon, Yogi Berra, which has gained popularity across the globe, was named after him

Simultaneously denying and confirming his reputation for malapropisms, Berra once stated, "I really didn't say everything I said."

"The lousy teams are good this year,"

"It ain't over till it's over"

"It's deja vu all over again"

"I usually take a two-hour nap from one to four."

"Never answer an anonymous letter."

"I'm not going to buy my kids an encyclopedia. Let them walk to school like I did."

"You can observe a lot by watching."

"The future ain't what it used to be."

On Travel:

"If you don't know where you are going, you might wind up someplace else."

"Why buy good luggage, you only use it when you travel."

"The towels were so thick there I could hardly close my suitcase."

"When you come to a fork in the road, take it."

On social life:

"Nobody goes there anymore, it's too crowded."

"It gets late early out here."

On youth sports:

"I think Little League is wonderful. It keeps the kids out of the house."

On the human anatomy:

"I don't know (if they were male or female) fans running naked across the field). They had bags over their heads."

On receiving advice:

"Take it with a grin of salt."

On weather:

"It ain't the heat, it's the humility."

"A nickel ain't worth a dime anymore."

On baseball:

"In baseball, you don't know nothing."

"We made too many wrong mistakes."

"So I'm ugly. I never saw anyone hit with his face."

"If the people don't want to come out to the ballpark, nobody's going to stop them."

"Baseball is 90 percent mental. The other half is physical."

"All pitchers are liars or crybabies."

"We were overwhelming underdogs."

"Bill Dickey is learning me his experience."

"He hits from both sides of the plate. He's amphibious."

"I always thought that record would stand until it was broken."

"I can see how he (Sandy Koufax) won 25 games. What I don't understand is how he lost five."

"I want to thank everyone for making this night necessary."

On death:

"You should always go to other people's funerals, otherwise, they won't come to yours."



Photograph in the public domain via Wikimedia



Members will have received an email notifying them of the AGM

**HEAR YE, HEAR YE
ANNUAL GENERAL MEETING, SATURDAY,
21 NOVEMBER 2015**

Do note the date above for the Club’s Annual General Meeting. Beginning at 6:30 pm, the business part of this evening is to elect the SBC Board for 2016. Following the AGM, we will have a meal. The Board will supply entrees; attendees are asked to bring salads, vegetables and desserts. Assignments for the latter will be specified later. The Club will also provide water and soft drinks. Please bring your own alternative beverages. We also plan a trivia quiz and a raffle drawing. Members will be asked to vote for the following slate of candidates:

- President—Paul Wilkinson
- Vice President—Sandra Cherry
- Treasurer—Margaret Hughes
- Secretary—Jane Jacobs
- Membership Director—Ivan Gould
- Website Liaison Director -- Mark Malkasian
- Newsletter Editor—Brian Thompson
- Directors at Large—Barry Evans and Diana Wilkinson
- Gary Lee, will by default, become Immediate Past President

Note that under our By-Laws, no nominations will be accepted from the floor during the AGM.

A ‘serious’ look at a common human concern.

From BBC.com on 10th July

There are two crucial things you need to know about the lint that forms inside of belly buttons. The first is that it’s referred to more scientifically as "navel fluff," though occasionally those writing about in scientific literature call it belly button lint (BBL). The second is that

navel fluff forms more often in middle-aged, hairy men, especially ones who have recently put on weight. These are the findings of a University of Sydney researcher named Karl Kruszelnicki. Dr Karl, as his fans know him, has an Australian science radio show, and one of his listeners wrote in asking where navel fluff comes from and how it forms. That inspired Kruszelnicki to distribute a survey online, which led him to the conclusion that BBL is an affliction mainly of middle-aged men with sufficient body hair. For his research, Kruszelnicki received an Ig Nobel Prize in 2002, an accolade given for research that "first makes you laugh, and then makes you think."

Kruszelnicki and his colleagues collected samples from willing volunteers and also asked some to shave the hair from around their belly buttons. It turned out that shaving belly hair indeed prevented the accumulation of lint. While perhaps not the world's leading experts on the topic, Dr Karl and his colleagues arrived at an explanation for the formation of navel fluff that, at least, makes intuitive sense. Hairs around the belly button, they think, operate as a "one-way ratchet mechanism", stealing tiny fibres from inside your clothes and depositing them into your navel.



Image from Wikimedia.org

Don’t forget that the Sarasota British Club is on Facebook. The Club’s logo is the profile picture.

Check out the numerous photos from recent events. Why not ‘friend’ us for another way of keeping in touch with the Club and its members. Why not add your event photos to the ‘wall’.



Exchange Rate from Moneycorp on 30th Sept.

From	To	Rate
 GBP	 USD	1.5137

History lesson for the day... The origins of some of our strange customs

1. Why do men's clothes have buttons on the right while women's clothes have buttons on the left?

BECAUSE:

When buttons were invented, they were very expensive and worn primarily by the rich. Since most people are right-handed, it is easier to push buttons on the right through holes on the left. Because wealthy women were dressed by maids, dressmakers put the buttons on the maid's right! And that's where women's buttons have remained since.

2. Why do ships and aircraft use 'mayday' as their call for help?

BECAUSE:

This comes from the French word m'aidez - meaning 'help me' - and is pronounced, approximately, 'mayday.'

3. Why are zero scores in tennis called 'love'?

BECAUSE:

In France, where tennis became popular, the round zero on the scoreboard looked like an egg and was called 'l'oeuf,' which is French for 'the egg.' When tennis was introduced in the US, Americans (naturally), mispronounced it 'love.'

4. Why do X's at the end of a letter signify kisses?

BECAUSE:

In the Middle Ages, when many people were unable to read or write, documents were often signed using an X. Kissing the X represented an oath to fulfill obligations specified in the document. The X and the kiss eventually became synonymous.

5. Why is shifting responsibility to someone else called 'passing the buck'?

BECAUSE:

In card games, it was once customary to pass an item, called a buck, from player to player to indicate whose turn it was to deal. If a player did not wish to assume the responsibility of dealing, he would 'pass the buck' to the next player.

6. Why do people clink their glasses before drinking a toast?

BECAUSE:

In earlier times it used to be common for someone to try to kill an enemy by offering him a poisoned drink. To prove to a guest that a drink was safe, it became customary for a guest to pour a small amount of his drink into

the glass of the host. Both men would drink it simultaneously. When a guest trusted his host, he would only touch or clink the host's glass with his own.

7. Why are people in the public eye said to be 'in the limelight'?

BECAUSE:

Invented in 1825, limelight was used in lighthouses and theatres by burning a cylinder of lime which produced a brilliant light. In the theatre, a performer 'in the limelight' was the center of attention.

8. Why is someone who is feeling great 'on cloud nine'?

BECAUSE:

Types of clouds are numbered according to the altitudes they attain, with nine being the highest cloud. If someone is said to be on cloud nine, that person is floating well above worldly cares.

9. In golf, where did the term 'Caddie' come from?

BECAUSE:

When Mary Queen of Scots went to France as a young girl, Louis, King of France, learned that she loved the Scots game 'golf.' He had the first course outside of Scotland built for her enjoyment. To make sure she was properly chaperoned (and guarded) while she played, Louis hired cadets from a military school to accompany her

. Mary liked this a lot and when she returned to Scotland (not a very good idea in the long run), she took the practice with her. In French, the word cadet is pronounced 'ca-day' and the Scots changed it into caddie.

10. Why are many coin collection jar banks shaped like pigs?

BECAUSE:

Long ago, dishes and cookware in Europe were made of dense orange clay called 'pygg'. When people saved coins in jars made of this clay, the jars became known as 'pygg banks.' When an English potter misunderstood the word, he made a container that resembled a pig. And it caught on.

And now you know everything.

Thanks to **Norman Shelley** for this contribution.

September's Lunch at McAllisters, Main Street, Lakewood Ranch.
Thanks to Doug Schuler for the photos.





Sarasota British Club Christmas Party

Heritage Oaks Country Club
4800 Chase Oaks Drive, Sarasota FL 34241
December 12, 2015 - 6:00 PM to 10:30 PM

Menu

Salad

Baby Mixed Greens, Poached Pear, Gorgonzola, and Candied Pecans
with Port Wine and Pear Vinaigrette

Entrées

Choose from these two:

Slow Roasted Prime Rib of Beef
Baked Potato and Fresh Vegetable Medley

Or

Pan Seared Atlantic Salmon
Buttermilk Whipped Potatoes and Fresh Asparagus with Lemon Cream

Dessert

Raspberry Panna Cotta with Berries

Bread Rolls and Butter
Coffee and Tea

All payments to be sent to: Sarasota British Club, PO Box 21063, Sarasota, FL 34276
Please return this form with payments. Make checks payable to Sarasota British Club.
Deadline for bookings is December 3rd (all payments to be made by this date).

Full Name	Member (\$45) Or Guest (\$55)	Choice of Entrée (Beef, Salmon or Veg*)
Total amount enclosed	\$	

Names of those you would like to sit with (if possible)

*Vegetarian option on request

Sarasota British Club name badges

Please obtain Club badges directly from:
Sarasota Trophy 6601 Superior Ave, Sarasota FL 34231.
921-4339.

\$8 + tax for badge with magnet = \$8.56

\$6 + tax for badge with pin (without magnet) = \$6.42.

Badges can be collected in person

(M - F 8.30 - 5 or Sat 9 - 12) or shipped to home for \$3.75.



CHRISTMAS PARTY REQUEST

Please can you donate a prize or ask a local business for a prize/vouchers for our raffle? The proceeds will support the Club's annual donation to local non-profit(s).

Quotes

"I, not events, have the power to make me happy or unhappy today. I can choose which it shall be. Yesterday is dead, tomorrow hasn't arrived yet. I have just one day, today, and I'm going to be happy in it."

— Groucho Marx

"Friendship... is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

— Muhammad Ali

"One of the greatest discoveries a man makes, one of his great surprises, is to find he can do what he was afraid he couldn't do."

— Henry Ford

2015 Board of Directors

President	Gary Lee	706-1172	glee01@verizon.net
Vice-President	Barry Evans	993-9752	barry.evans@ml.com
Treasurer	Maggie Hughes	487-7216	mvhuges50@hotmail.com
Secretary	Jane Jacobs	847-370-2811	jane60010@yahoo.com
Membership Chair	Paul Wilkinson	410-990-4698	pwilkinson18@comcast.net
Newsletter Editor	Brian Thompson	388-8018	lakewood2@gmail.com
Website Liaison	Mark Malkasian	445-2890	mark@armeng.com
Director at Large 1	Sandra Cherry	921-3162	yourcupatea1@yahoo.com
Director at Large 2	(Vacant)		
Director at Large 3	Diana Wilkinson	410-990-4698	dwilkinson18@comcast.net
Past President	Gary Lee	706-1172	glee01@verizon.net

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