

## Coming Events

**T**he SBC Board Meeting will be held on Wednesday September 3rd at Mark and Jean Malkasian's home, 678 Crane Prairie Way, Osprey @ 6:30pm. Members welcome but please call ahead as space is limited. (see Page 3)

**B**rewery Tour and Dinner on Wednesday September 24th at 4pm at the BIG TOP BREWERY, 6111 Porter Way, Sarasota.

Afterwards we can eat just round the corner at the Old Packinghouse Café, 987 South Packinghouse Rd, Sarasota.

They serve Southern style food including meat and fish that has been 'grilled, blackened, jerked or fried' with a good variety of bottled and draught beers at Happy Hour prices until 6 p m .

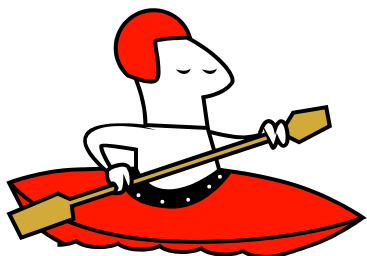
Contact: Brian Thompson, [lakewood2@gmail.com](mailto:lakewood2@gmail.com) or 941-388-8018

Please observe cut-off dated September 20th for reservations.



**K**ayaking on the Intracoastal Waterway at Nokomis on November 12th  
See Page 6 for full details.

We expect there will be a number from last year who will want to return to this experience, so make sure your name is entered with Mark Malkasian the co-ordinator..



**P**lanned events with details in coming issues.

Annual General Meeting

Guy Fawkes—November 8th

Christmas Party—December 20th

Dinner and Theatre evening, January 7, 2015

Meet the President Event, January 2015.

**Out with the old..... And in with the new..**

**M**uch thought has gone into the Club's website in the last couple of years and at last we can reveal the 2014 facelift.

Our Web design is by Ontrax, a local company that has created websites for Friends of Legacy Trail, Friends of Oscar Scherer Park among many others. The new site was unveiled to the world on 28th August.

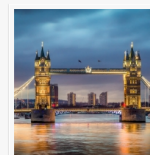


### A Word from Our President



Gary Lee  
Club President-2014

Welcome to our Website! If you are a first time visitor we hope you will stay and browse through the Club Profile below and scan our recent and [upcoming event offerings](#). You will gain greater insight into the fun and fellowship of the Club by checking out our [newsletter archive](#) collection. We promise a warm welcome and great opportunity for making new friends. [Joining is easy](#) and we welcome both family and single membership. Feel free to [contact me directly anytime](#). I'd be pleased to hear from you.



### Get our E-Newsletter

Name \*  
Email Address \*  
Fill in the answer  
9 +  = 10

**BBC NEWS**

[UK News Headlines](#)

## President's Letter

**F**rom the "Now You Know Department"  
You may be relieved to learn this....

Ever walk into a room with some purpose in mind, only to completely forget what that purpose was? Turns out, doors themselves are to blame for these strange memory lapses. Psychologists at the University of Notre Dame have discovered that passing through a doorway triggers what's known as an event boundary in the mind separating one set of thoughts and memories from the next. Your brain files away the thoughts you had in the previous room and prepares a blank slate, so to speak, for the new locale. What a revelation--you see, it's not aging causing the memory lapse. It's the flipping doorway! Thank goodness for studies like this to put our minds at greater peace.

While speaking of memory, please don't forget to consider putting yourself forward for a position on the 2015 Board. It is up to members, old and new, to play an active role in our Club in all aspects of our group--both social and Board events.

Welcome very soon to Autumn, a lovely season in Sarasota.

**Gary Lee**



## SANDRA'S RECIPE OF THE MONTH

**N**ow that Mangoes are plentiful, I thought I would feature my Mango Chutney



recipe. There are many versions of chutney, which include adding raisins, cinnamon, and other spices etc. but I developed this one for my personal taste. Good with curry, chicken, cheese, etc.

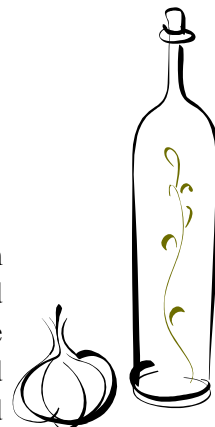
### Mango Chutney

- 3 Mangoes, not too ripe
- 1 cup brown sugar
- 1 tsp mixed spice (allspice)
- 1/2 tsp turmeric
- 1 cooking apple (I use Granny Smith)
- 1 onion
- 2 garlic cloves, crushed
- 1 cup malt vinegar
- 2 tsp ground ginger



Peel and cut up the mangoes. Mix with the sugar, mixed spice and turmeric and let sit for a couple of hours. Then place in a heavy saucepan, add the peeled and chopped apple, onion, garlic, ginger and vinegar and bring to a boil. Turn down to a simmer, stirring frequently about an hour, or until the liquid has reduced to a thick syrupy consistency. Pack into sterilized jars and process, or keep in a refrigerator. This recipe tastes best when it has sat for up to three months. If you have not processed them, they should be eaten within 6-9 months.

Yield 6 small jars

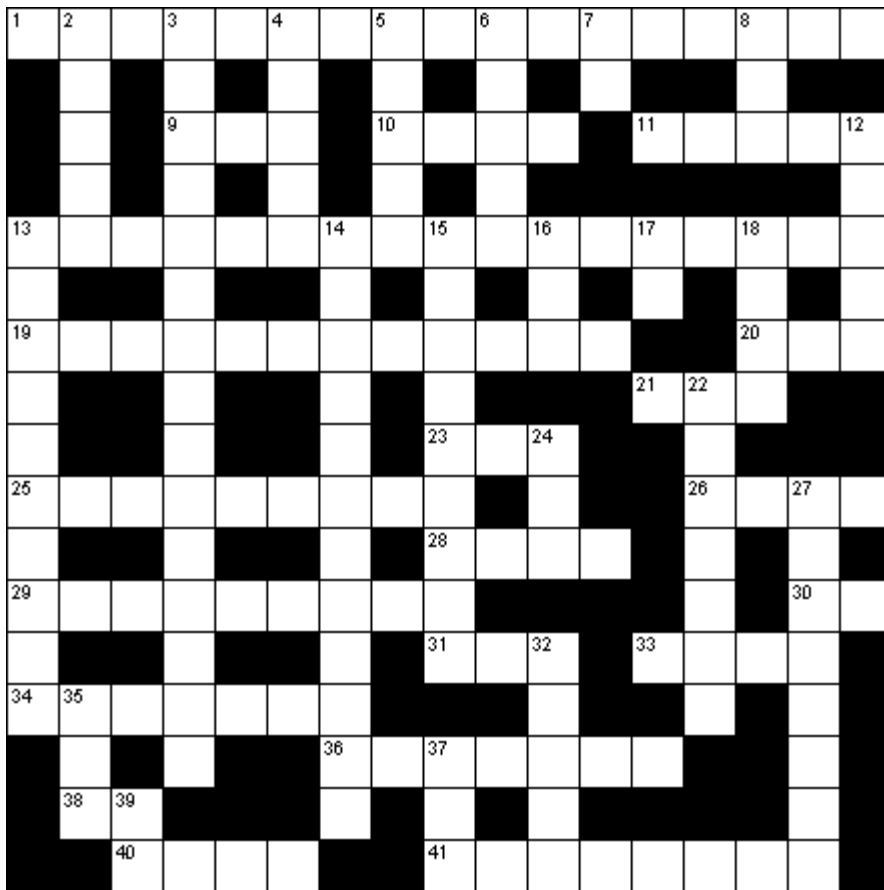


(Recipe from Sandra F Cherry, *Union Jack* food columnist, who can be reached at [Yourcuppateal@yahoo.com](mailto:Yourcuppateal@yahoo.com). I welcome requests, comments and recipes)

# BritNews Crossword

## Solution on Page 8.

33 UK (informal) term for a person of working class origin, esp. one who is poorly educated, aggressive, or perceived to have poor taste or have an inferior lifestyle (usually derogatory). (4)



34 Become smaller or lose substance (7)  
36 "I shot the ++++++" (song) (7)  
38 The syllable naming the fifth (dominant) note of any musical scale. (2)  
40 Lancashire equivalent of 'zilch'. (4)  
41 A surgical instrument used to remove sections of bone from the skull. (8)

### Down

2 US President (5)  
3 Love unquestioningly and uncritically or to excess; venerate as an idol. (4-11)  
4 Unpleasant smell (5)  
5 An acrylic fibre for lightweight crease-proof clothes. (5)  
6 When impregnated with tar it was used to caulk seams and pack joints in wooden ships. (5)  
7 Greek letter (2)  
8 Health resort (3)  
12 Overgrown with tiny leafy-stemmed flowerless plants. (5)  
13 Vinegar contains it. (6,4)  
14 An obligation to pay money to another party. (12)  
15 Describing a noun formed from a verb. (9)  
16 Someone who is very highly skilled. (3)  
17 Personal pronoun (2)  
18 Short letter. (4)  
22 Something unspecified whose name is either

### Across

1 The representation of objects as having human form or traits. (17)  
9 A fictional character created in 1926 by A. A. Milne (3)  
10 Norse deity (4)  
11 A medieval form of the oboe or hautbois. (5)  
13 Forerunners to voicemail. (9,8)  
19 Decorative needlework (12)  
20 Attempt (3)  
21 A lyric poem with complex stanza forms. (3)  
23 A negative (3)  
25 Turned over in one's mind (9)  
26 Preposition (4)  
28 The man who leads prayers in a mosque. (4)  
29 A publication containing a variety of works. (9)  
30 Chemical symbol for Arsenic. (2)  
31 A member of a Buddhist people inhabiting the area of the Mekong River in Laos and Thailand (3)

forgotten or not known. (7)  
24 An affirmative. (3)  
27 Cross. (8)  
32 Speak one's opinion without fear or hesitation. (5)  
35 Have an existence. (3)  
37 US time zone. (3)  
39 Planned or scheduled. (2)

### Brian Thompson

If you have a suggestion for a themed crossword, please let me know at [lakewood2@gmail.com](mailto:lakewood2@gmail.com)

"The nice thing about doing a crossword puzzle is, you know there is a solution."

—Stephen Sondheim .

### 2014 Board of Directors

President:	Gary Lee	706-1172
Vice-President	Sandra Cherry	921-3162
Treasurer:	Mark Malkasian	918-8360
Secretary:	Barry Evans	993-9752
Membership Chair:	Paul Wilkinson	410-990-4698
Newsletter/Website:	B. Thompson	388-8018
Director at Large1:	Jane Hersee-Lee	706-1172
Director at Large2:	Jane Jacobs	847-370-2811
Director at Large3:	Glenn Stilwell	201-6324
Past President:	Steve Adams	580-8458

[glee01@verizon.net](mailto:glee01@verizon.net)  
[yourcupateal@yahoo.com](mailto:yourcupateal@yahoo.com)  
[mark@armeng.com](mailto:mark@armeng.com)  
[barry.evans@ml.com](mailto:barry.evans@ml.com)  
[pwilkinson18@comcast.net](mailto:pwilkinson18@comcast.net)  
[lakewood2@gmail.com](mailto:lakewood2@gmail.com)  
[janeherseelee3@verizon.net](mailto:janeherseelee3@verizon.net)  
[jane60010@yahoo.com](mailto:jane60010@yahoo.com)  
[ssil10289@aol.com](mailto:ssil10289@aol.com)  
[sha@adamsiac.com](mailto:sha@adamsiac.com)



## Steve Adams's Appalachian Trial



He is still smiling! A slimmed down, rugged hiker to compare with a photo from last year.

**2013's** President Steve started hiking the Appalachian Trail on 22nd March as mentioned in the March BritNews.

July 25 – Friday August 1. PA72, NY17, Southfields, NY – West Cornwall Rd, CT

August 2 – Thursday August 7. West Cornwall Rd, CT – The Cobbles.

August 8 – Sunday August 10. The Cobbles – VT9, Bennington.

August 11 – Sunday August 17. VT9, Bennington – Sherburne Pass Trail.

August 18 – Thursday 21. Sherburne Pass Trail – NH10, Hanover, NH.

August 22 – Monday August 25. NH10, Hanover, NH – NH25, Glencliff. - less than 400 miles to go!



Apart from the normal wear and tear of hiking, Steve has had a few tumbles (23 at this point and counting). Not the least of these has been a fall while he was crossing a stream and incurred a nasty swelling on his leg which required a visit to a clinic. (photo)

Steve's future commitments include making it home for Diane's birthday in September and a talk in October about his experiences —no pressure to finish!

Steve's blog is created using WordPress, free software that you can download from <http://wordpress.org/>



Rustic mile marker—1700 miles completed

The Appalachian Trail, is about 2200 miles from Springer Mountain Georgia to Mount Katahdin in Maine. Source: Wikipedia

## JOKES

### A Delicate Corporate Matter

All of the ten senior members of the Board of Directors of the company were called into the chairman's office one by one until only Bob, the junior member, was left sitting outside.

Finally it was his turn to be summoned. He entered the office to find the chairman and the ten other directors seated

around a table. He was invited to join them, which he did.

As soon as he had sat down the chairman turned to Bob looking him squarely in the eye, and with a stern voice, asked, "Have you ever had sex with Mrs. Foyt, my secretary?"

"Oh, no sir, positively not!" Bob replied.

"Are you absolutely sure?" asked the chairman.

"Honest, I've never been close enough to even touch her!"

"You'd swear to that?"

"Yes, I swear I've never had sex with Mrs. Foyt anytime, anywhere."

"Good, then you fire her !!!"



The teacher of the school geography class was lecturing on map reading.

After explaining about latitude, longitude, degrees and minutes the teacher asked:

"Suppose I asked you to meet me for lunch at 23 degrees, 4 minutes north latitude and 45 degrees, 15 minutes east longitude...?"

After a confused silence, little Johnny volunteered - "I guess you'd be eating alone!"



### On your computer

In the past I have mentioned [www.TinyURL.com](http://www.TinyURL.com) as a route to shortening a long web address. Another is <https://bitly.com/>

For example an 80 character address was shortened to <http://bit.ly/1pQdGx5>—Much easier to type or preferably copy.

There are several places to store your files 'in the cloud' for free as mentioned in a past issue. Another is from Real Player which has been better known as a media player. Go to RealPlayer Cloud at

<http://tinyurl.com/qd4e2wp> and get 2GB of free space. Obviously this and other companies hope that you will then be inclined to purchase additional space from them.

**Brian Thompson**

I do not

- Blog
- Chat
- Face
- Flickr
- Follow
- Like
- Pin
- Space
- Text
- Tweet or
- ReTweet

I don't do Selfies nor am I LinkedIn --

And it is SOOO LIBERATING!

*Inspired by PBS Frontline Presentation "Generation Like"*  
Mark Malkasian 8/17/14



### Transportation to Club Events

**T**he Board has designated Mark Malkasian as our Transportation Coordinator to assist those in need of rides to Club events. Mark is hoping to create a small pool of member volunteers willing to provide wheels to members. This is a call for volunteers to step forward to help. This also is a call to contact him if you are in need of transport to a particular event. He can be reached by email [mark@armeng.com](mailto:mark@armeng.com) or phone (941-918-8360. Beware! He has a list of all the Club members and their zip codes so he's hoping you won't mind, when necessary, if he calls you to ask if you can assist a nearby member in getting to an event you are planning to attend. Thank you.

### CALL FOR CANDIDATES FOR 2015 BOARD

It's that time of year once again to begin assembling a slate of candidates for the 2015 SBC Board that will be elected at our AGM this autumn. Our membership is fortunate to boast a wide spectrum of wonderful talents and interests. All organizations stand to benefit and grow stronger by the infusion of new ideas and creative interests brought by members to leadership positions. For the Club, this extends as well to ideas for new and interesting social events and venues that keep members energized and engaged. Do bring our own talents and ideas to the fore by standing for the SBC Board. The Board elected positions are: President, Vice-President, Treasurer, Secretary, Membership Director, Newsletter Editor, and Director at Large (3). If you are interested in being a candidate for a Board position or want more information on the positions, please contact Gary Lee ([glee01@verizon.net](mailto:glee01@verizon.net) or 941-706-1172). I look forward to hearing from you.

### Did you know?

**T**he Club has a "Sunshine Club" which will send a greeting to a member when we hear of a special happy, sad or momentous event in that member's life. Please let us know of such events. Contact Sandra Cherry, her details are on Page 3.

## Kayak Outing on the Intracoastal Waterway in Nokomis

If you missed our kayak outing last fall or were one of our paddlers who were disappointed due to unfavorable weather this past spring, here's another opportunity to experience our next silent seas adventure. We'll again attempt to undertake a "Waterways of Nokomis" outing with our professional guide, John Sarkozy, who has nearly 20 years of experience in running local kayak trips under the auspices of the American Littoral Society <http://www.littoralsociety.org/index.php/trips-a-events/sarasota>.

The trip will be at a leisurely pace on a North to South figure-eight route among the small islands, mangroves and sand bars dotting the Intra-Coastal Waterway along Casey Key. There will be one "wilderness stop" during our three-hour journey of paddling and observation.

**DATE and TIME:** Wednesday, **November 12, 2014**. Please arrive by **9am** to be prepared for our launching at 9:30 and returning about 12:30pm.

**DIRECTIONS** to the Launch Site: In Nokomis on Rt 41 turn west onto Albee Rd, proceed 0.9 miles over the ICW bridge, turn right onto Casey Key Rd. and then immediately turn right around a wooden & chain link fence and then over a short bridge and finally turn left continuing along the dirt road approx. 0.1 miles to a break in the mangroves on the left marked by wooden fencing.

John provides all the necessary equipment and safety gear and especially welcomes first time kayakers. As he did for several newbies last year, he'll have you quite comfortable on the water in a matter of minutes. He can accommodate up to 11 paddlers in single kayaks and two-somes in up to three double (tandem) kayaks or 17 guests in total.

Fees are \$25 per person, \$20 if you are a member of ALS or \$5 if you bring your own kayak and life vest. Suggested per-

sonal items are: a sun hat, plenty of water, sunscreen/protection, quick-dry clothing and grippy-soled shoes that you don't mind getting wet. John usually has granola bars for the rest stop.

Après-kayaking we will adjourn for lunch at a quite nearby, waterfront eatery — Pelican Alley, 1009 West Albee Rd, Nokomis <http://www.pelicanalley.com>

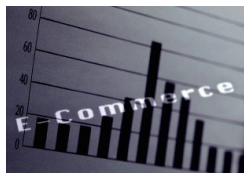
Checks payable to the Sarasota British Club should be sent to P.O. 21063, Sarasota, FL 34276. For more info and insights feel free to call the Event Coordinator Mark Malkasian at (941) 918-8360.

Please note — **checks, preference for kayak type (single or double) and lunch commitments** are due by Wednesday, November 5. Parking at recreational sites can be an issue on occasion so car-pooling is encouraged. Prayers to the weather Gods are advisable after submission of checks.



Hana Mares-Sirotkova, Ken Jukes and Mark Malkasian in November 2013

**BUSINESS GLIMPSES:** We would like to hear from our members who have found their business niche in and around Sarasota. If you would like to write to us, we'd enjoy catching a glimpse of your business enterprise in our local economy. Your article can be sent to [lakewood2@gmail.com](mailto:lakewood2@gmail.com), and we will select one 'Business Glimpse' each month.



**D**on't forget that the Sarasota British Club is on Facebook. The Club's logo is the profile picture. Check out the numerous photos from recent events. Why not 'friend' us for another way of keeping in touch with the Club and its members. Why not add your event photos to the 'wall'.

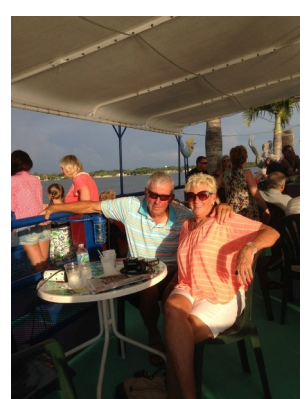
There are links to Steve Adam's Appalachian Trail too as the précis on Page 4 does not do it justice..

The LeBarge photos on Page 7 are also there if you'd like to 'share' them. Do you have any more photos to add?

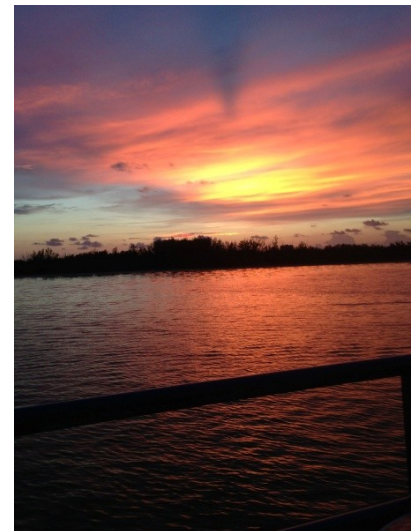




Friday, July 25<sup>th</sup>, 2014, the LeBarge sunset trip around Sarasota Bay organized by Sandra Cherry.



It would not be a  
Sunset Cruise without  
scenes like this.



### Solution to crossword puzzle from Page 3.



*“All the adversity I've had in my life, all my troubles and obstacles, have strengthened me... You may not realize it when it happens, but a kick in the teeth may be the best thing in the world for you.”*

— **Walt Disney**

*“We can complain because rose bushes have thorns, or rejoice because thorn bushes have roses.”*

— **Abraham Lincoln**

### Currency update from Moneycorp dated 27th August.

From	To	Rate
 GBP	 USD	1.6571

### Quotes

*“Everyone may not be good, but there's always something good in everyone. Never judge anyone shortly because every saint has a past and every sinner has a future.”*

— **Oscar Wilde**

# BritClub News



Sarasota British Club  
P.O.Box 21063  
Sarasota, FL 34276